# GAYATRI VIDYA PARISHAD COLLEGE
# FOR DEGREE AND PG COURSES (AUTONOMOUS)

**Visakhapatnam, Andhra Pradesh**

***(Affiliated to Andhra University, Accredited by NAAC with B++ Grade)***

## CIRCULAR

20-06-2023

This is to inform all the Students and faculty that college is organizing to conduct "yoga day" on 21-06-2023. All the interested faculty and students are to attend the college along with a yoga mat by 06:30 AM. The Yoga training will be conducted at our college ground. Dr. M. Madan Mohan, MA yoga, ph.D, Retired Andhra University Education department will precede the program.

PHYSICAL DIRECTOR
Gayatri Vidya Parishad College
for Degree and PG Courses (A)
VISAKHAPATNAM-530 045

Copy to

Principal & Directors
Notice Board

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Gayatri Vidya Parishad College
for Degree and PG Courses (A)
Visakhapatnam

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## Visakhapatnam, Andhra Pradesh

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**BRIEF REPORT**

| | | |
|---|---|---|
| Name of the Program | : | International Yoga Day celebrations |
| Date of the program | : | 21-06-2023 |
| Venue details | : | Rushikonda Campus ground, GVPCDPGC |
| Name of the Resource person | : | Dr. M. Madan Mohan, MA yoga, ph.D, Retired Andhra University PD |
| Objectives | : | To create awareness on the advantages of asanas in yoga for health benefits |
| Outcomes | : | The importance of yoga for physical fitness and mental stability is learned |
| No of students participated | : | 70 |

## Report

International Yoga Day is organized on 21.06.2023 in Gayatri Vidya Parishad College for Degree and PG Courses for the students on physical fitness and their health. Dr. M. Madan Mohan, MA yoga, ph.D, Retired Andhra University Education department have addressed the students and performed the yoga asanas on the stage and also practiced to students

**21-06-2023, Student explaining about the asanas**

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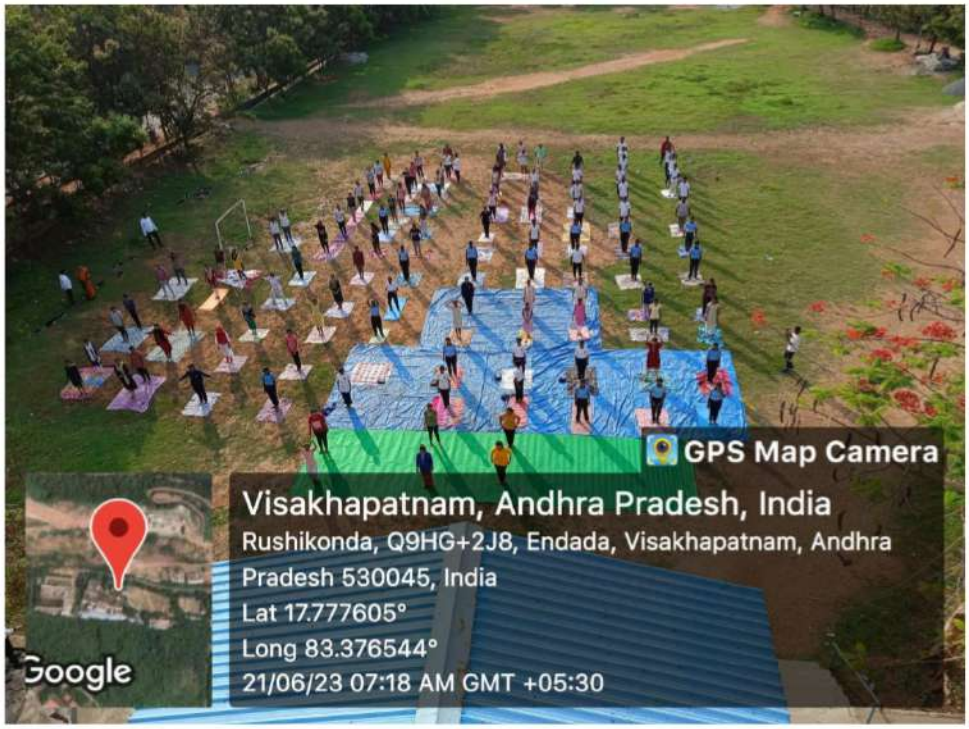


**Students and faculty attended to the program**

**21-06-2023, students and faculty performing yoga asanas**

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**List of students participated in the program held on 21-06-2023**

| S.No | Department | Reg. No | Name of the student | Signature |
|---|---|---|---|---|
| 1. | Mechanical | 5231431013 | KANDULA JAYARAM | K. Jayaram |
| 2. | Mechanical | 5231431016 | LANKI Rakesh | L. Rakesh |
| 3. | mechanical | 5231431019 | P.V. Hemanth Kumar | P.V. Hemanth Kumar |
| 4. | Mechanical | 5231431024 | V.S.C Bharath | V. Bharath |
| 5. | Mechanical | 5231431027 | U. Naveen Kumar | U. Naveen |
| 6. | Mechanical | 5231431030 | CH. Jyothish Kumar | CH. Jyothish |
| 7. | Mechanical | 5231431033 | L. Naveen Kumar | L. Naveen |
| 8. | civil | 5211401013 | Aisha siddiqua | Aisha |
| 9. | CSM | 5231412061 | Vaddi. Akhila | V. Akhila |
| 10. | CSM | 5231412058 | T. Vyshnavi Preethi | T.V. Preethi |
| 11. | CSM | 5231412055 | S. Lakshmi Meghana | S. Meghana |
| 12. | Mechanical | 5231431029 | V. Suraj Kumar Yadav | [illegible] |
| 13. | mechanical | 5231431032 | G. naveen | [illegible] |
| 14. | Mechanical | 5231431026 | T. chandra Sekhar | T. Chandra Sekhar |
| 15. | mechanical | 5231431023 | S. vinay kumar | [illegible] |
| 16. | mechanical | 5231431018 | P. venkatesh chakravarthi | P. Venkatesh |
| 17. | mechanical | 5231431015 | L. Arun kumar | L. Arun kumar |
| 18. | Mechanical | 5231431012 | J. Jaya sai bhargi girish | J.J.S. Girish |
| 19. | CSE | 5231411088 | K. Venkata Ramana | K. Venkata |
| 20. | ECE | 5231421100 | T. Abhishek | T. Abhishek |
| 21. | ECE | 5231421103 | V. SaiPavan | [illegible] |
| 22. | ECE | 5231421109 | Y. Harshitha | Y. Harshitha |
| 23. | CSE | 5231411097 | M. Harshitha Vardhini | M. Harshitha |
| 24. | CSE | 5231411100 | M. Sujana | M. Sujana |
| 25. | CSE | 5231411103 | M. Wesly Joel | M. Wesly |
| 26. | ~~CSE~~ CSE | ~~5231411090~~ 5231411096 | K. AshaJyothi | K. AshaJyothi |
| 27. | ~~CSM~~ CSE | ~~5231412009~~ | M. Dhishitha Krishna Veni | M. Dhishitha |
| 28. | ~~CSE~~ | ~~5231411109~~ | ~~M. Mounika~~ | M. Mounika |
| 29. | CSE | 5231411109 | M. Mounika | M. Mounika |
| 30. | ECE | 5231421104 | V. Akanksha Reddy | Akanksha |
| 31. | ECE | 5231421107 | V. Murali Manohar | Murali |
| 32. | CSM | 5231412001 | B. Kavyashree | [illegible] |
| 33. | CSE | 5231411093 | L. Dennicha Kravasthi | [illegible] |

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| | | | | |
|---|---|---|---|---|
| 34. | CSM | 5231412040 | N. Teja vardhan | |
| 35. | CSM | 5231412039 | N. Lokesh Reddy | N. Lokesh |
| 36. | CSM | 5231412042 | O. Sponrthy | Sponrthy |
| 37. | CSE | 5231411089 | K. VASUANTH LAXMANA KUMAR | K. Laxmana |
| 38. | CSE | 5231411092 | L. Likhita | L. Likhita |
| 39. | CSE | 5231411095 | M. Teja Prakash | M. Teja Prakash |
| 40. | CSE | 5231411098 | M. Sai Kiran | M. Sai Kiran |
| 41. | CSE | 5231411101 | M. Vinay | Vinay |
| 42. | CSM | 5231412007 | D. Kusuma | D. Kusuma |
| 43. | CSM | 5231412010 | D. Dileep | D. Dilip |
| 44. | CSM | 5231412013 | G. Prasannakumar | G. Prasanna |
| 45. | CSE | 5231411111 | M. Anuradha | Anuradha |
| 46. | CSM | 5231412046 | P. Chandra Sekhar | P. Chandra Sekhar |
| 47. | CSM | 5231412009 | D. Praveen | |
| 48. | CSM | 5231412006 | D. DARSHAN | Darshan |
| 49. | CSM | 5231412049 | P. Srivardhini | P. Srivardhini |
| 50. | CSM | 5231412003 | B. Sravani | B. Sravani |
| 51. | ECE | 5231421109 | Y. Harshitha | Y. Harshitha |
| 52. | CSM | 5231412052 | Sala. Kesava Kumar | |
| 53. | ECE | 5231421106 | V. Sasmitha | |
| 54. | CSE | 5231411099 | M. Ganesh | M. Ganesh |
| 55. | CSM | 5231412055 | S. Lakshmi Meghana | S. Meghana |
| 56. | CSE | 5231411102 | M. Pavan Kumar | M. Pavan |
| 57. | CSE | 5231411105 | M. Sai Sidhardha | M. Sai Sidhardh |
| 58. | CSM | 5231412058 | T. Vyshnavi preethi | T. V. preethi |
| 59. | CSE | 5231411108 | M. Rahul | M. Rahul |
| 60. | CSE | 5231411091 | L. Praneeth | L. Praneeth |
| 61. | CSM | 5231412061 | V. Akhila | V. Akhila |
| 62. | C.E | 5211401011 | K. Bhargav | K. Bhargav |
| 63. | M.E | 5231431032 | G. Naveen | |
| 64. | M.E | 5231431029 | V. Suraj Kumar Yadav. | V. Suraj Kumar |
| 65. | M.E | 5231431026 | T. Chandra Sekhar | T. Chandra Sekhar |
| 66. | M.E | 5231431023 | S. Vinay Kumar | |
| 67. | ME | 5231431018 | P. Venkata Chakravarthi. | |
| 68. | CSE | 5231411107 | MD. Mustafa | MD. Mustafa |
| 69. | CSE | 5231411104 | M. Paidla Venkata Rami Reddy. | M. PVR Reddy |
| 70. | CSE | 5231411106 | M. Rithik | Rithik |

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